

8th NOTES to 8th NOTE TRIPLETS

LEVEL: BEGINNER

This lesson is not only about playing 8th Note and 8th Note Triplet patterns but mostly about the transition between these two. If you get into these basic patterns you will realize the importance of getting back and forth from straight feel (8th Notes) to triplet feel (8th Note Triplets). That's not as simple as it looks and getting back to these basic examples, even if you got them, will be a major help for your drumming.

We will start with 3 examples that will help us to lock our hands on the beat and then we will add the kicks while hands will keep showing us the way (playing in Unison). These basic examples will be an introduction of the "straight to triplet" feel. Make sure you have these down as good as possible before you move on to the Patterns.

STRAIGHT TO TRIPLET FEEL (Hands)

Example 1:



Example 2:

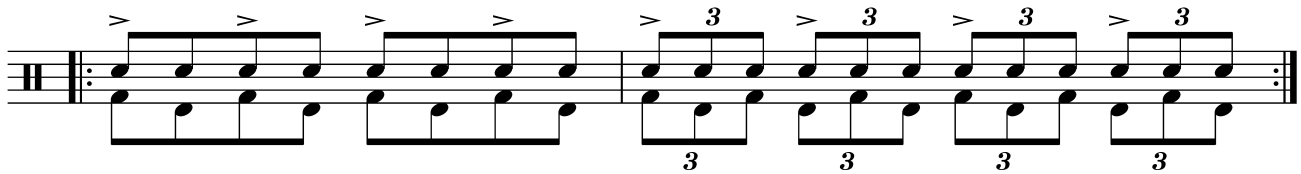


Example 3:

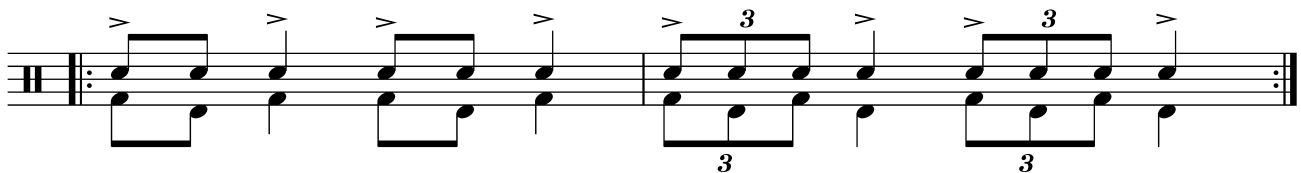


STRAIGHT TO TRIPLET FEEL (Unison)

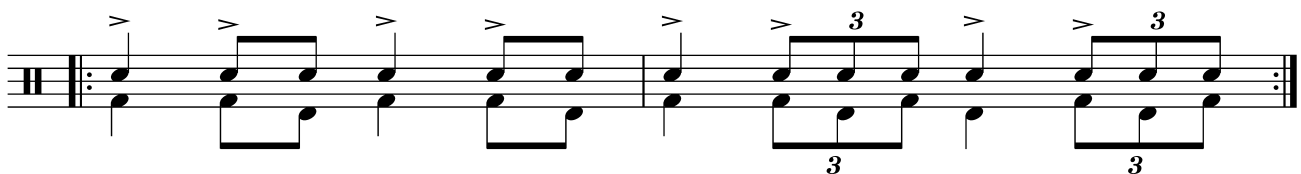
Example 4:



Example 5:



Example 6:

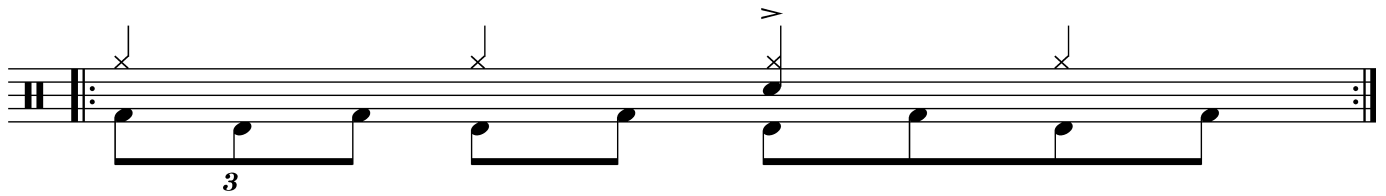


Going from 8th Notes to 8th Note Triplets gives us the feel that we slightly accelerate the foot pattern. We shouldn't think about that at all, the key on going through this transition perfectly is to work a lot with the accents as the above examples show. Here are some more tips you can keep in mind:

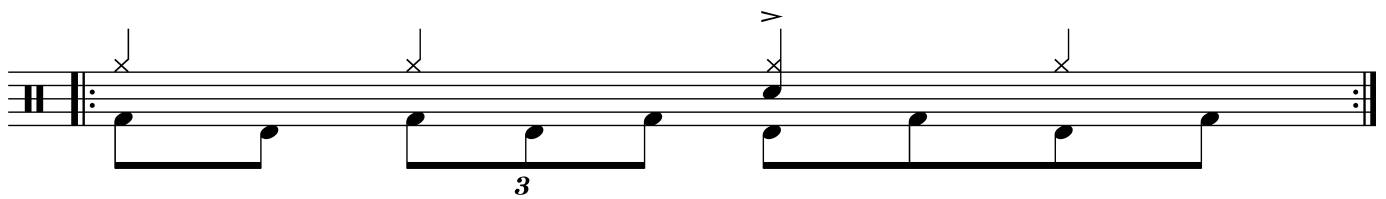
- Try not to think of the addition of the extra note and go with the flow.
- Start with your right foot as much as possible, although be aware that many patterns will change to a left foot leading pattern since 3 is an odd number and it changes the sticking around.
- Use the accents, they will help you lock your hands/feet on the beat.
- Try to sing the next pattern before you go there; sing 8th note triplets while playing 8th notes and vice-versa.

8th Note to 8th Note Triplet Patterns

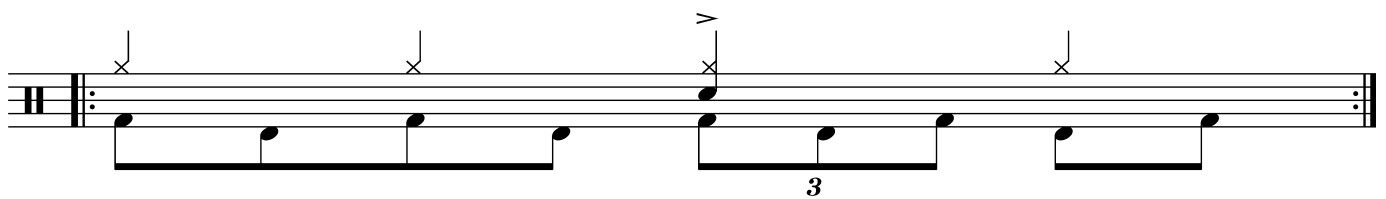
Example 1:



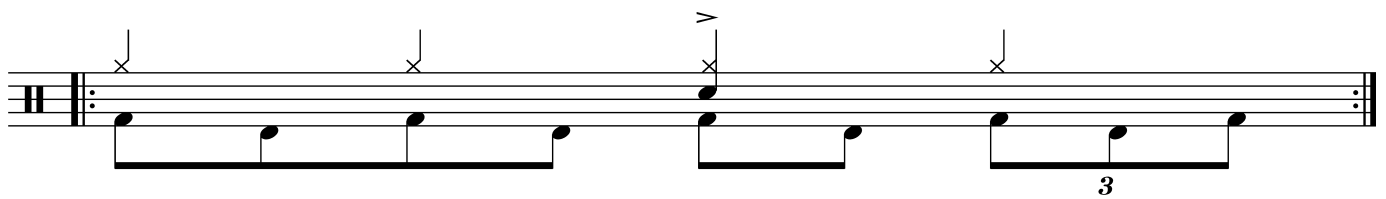
Example 2:



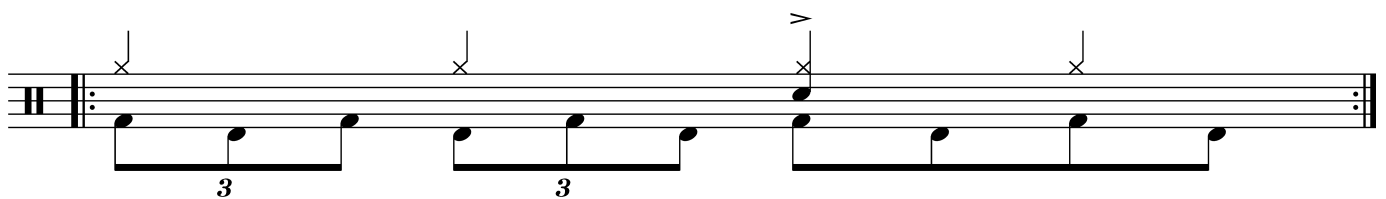
Example 3:



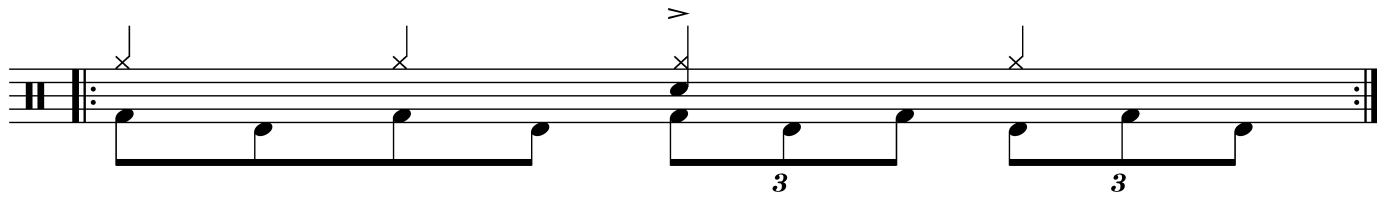
Example 4:



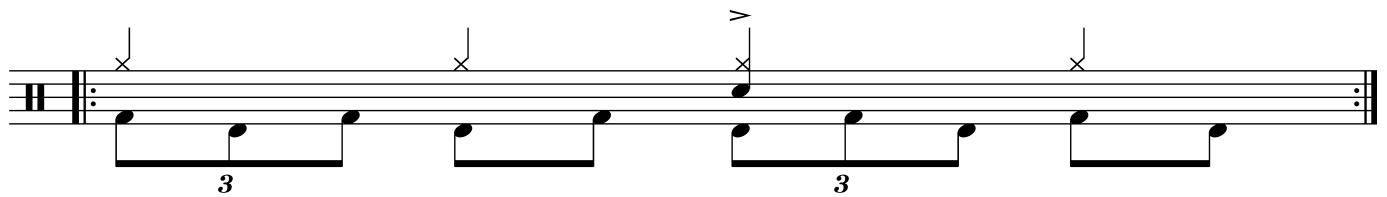
Example 5:



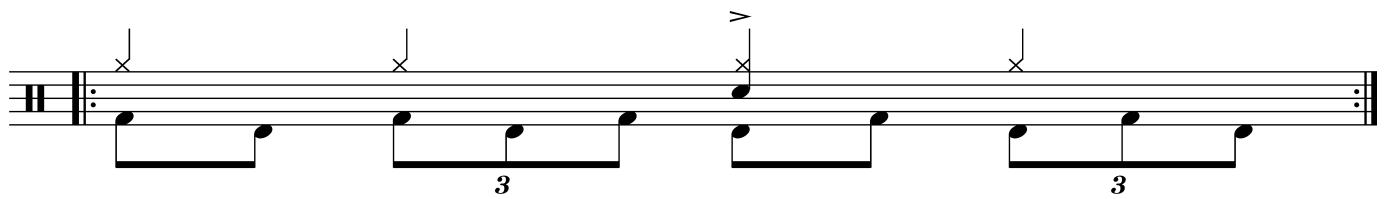
Example 6:



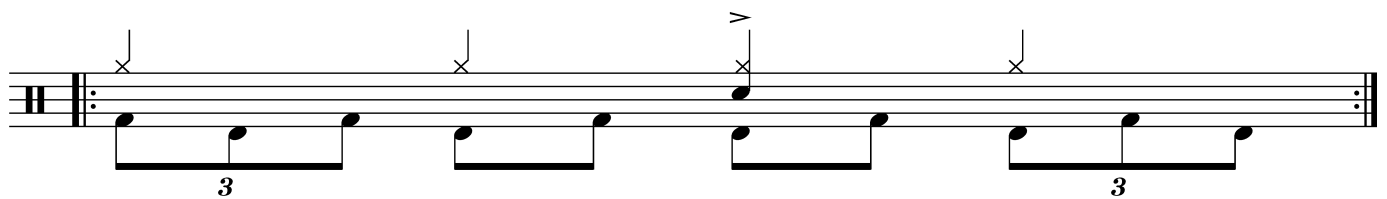
Example 7:



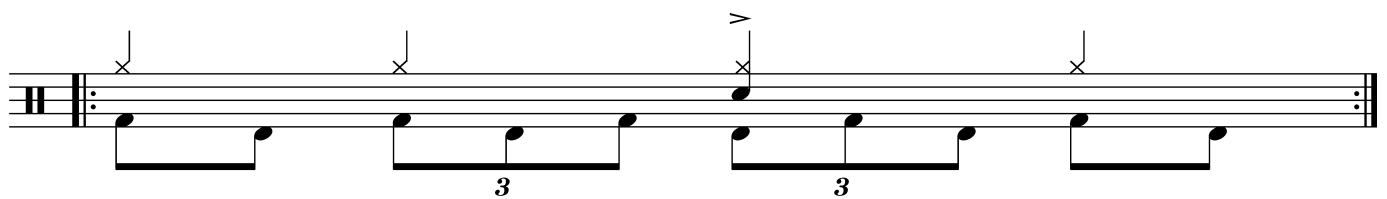
Example 8:



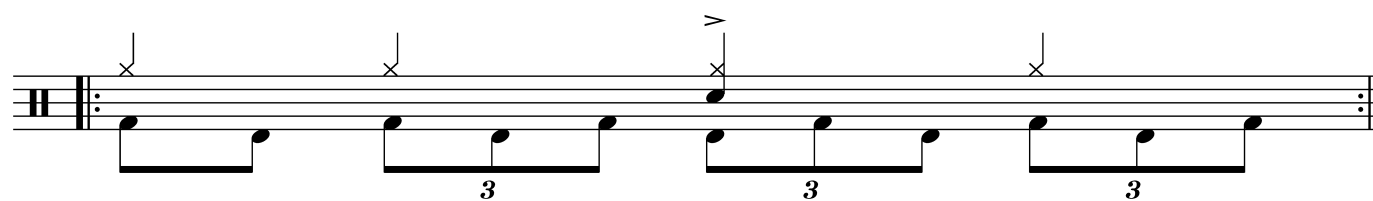
Example 9:



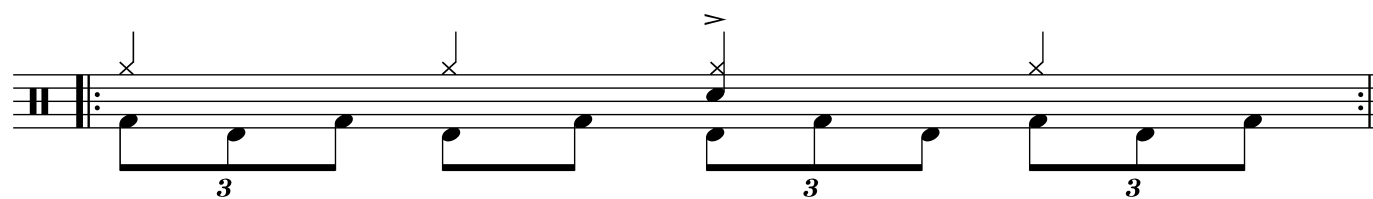
Example 10:



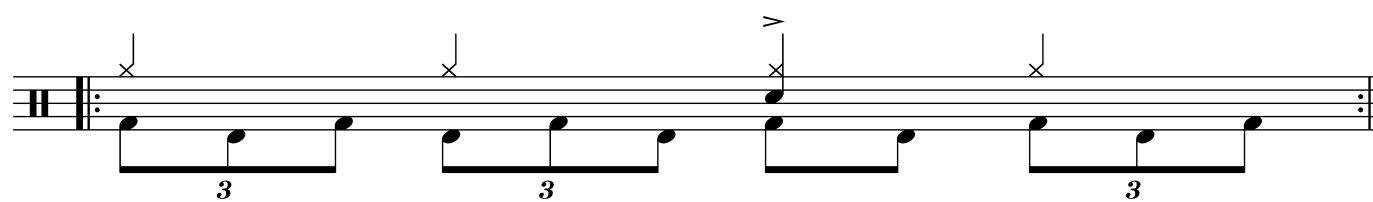
Example 11:



Example 12:



Example 13:



Example 14:

