

ADVANCED RHYTHM SCALE

LEVEL: ADVANCED

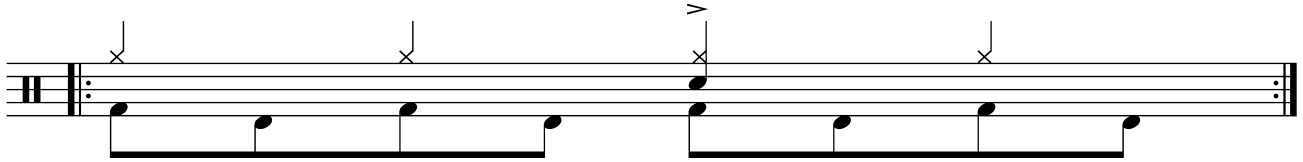
The Advanced Rhythm Scale is the next step, after you complete Basic Rhythm Scale and most importantly, after you feel very comfortable with it. In this version we will add Quintuplets and Septuplets that will make the exercise much more challenging but also fun to practice; although what I always advice my students is to stick with the Basic Rhythm Scale because all the patterns there have a lot more use in the music. For those who like challenges though, here is the next step.

Bellow is a quick example going up to 32nd Notes and return to 8th Notes. Pay a lot of attention on the transitions; this is the key to keep your balance in the right place.

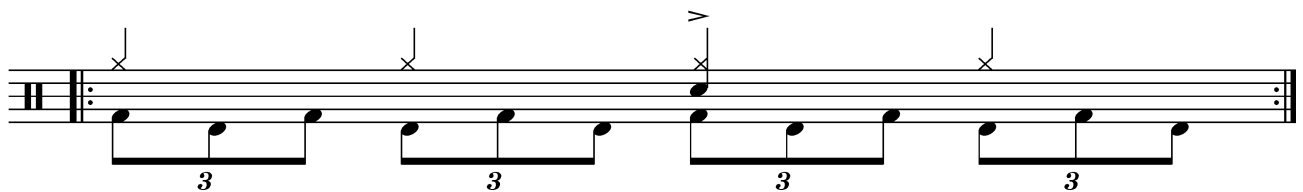
The image displays the musical notation for the Advanced Rhythm Scale, consisting of nine staves. The notation is written on a grand staff (two staves per system) with a treble clef and a 4/4 time signature. The scale is divided into two main sections: an ascending section and a descending section. The ascending section starts with a quarter note on C4, followed by eighth notes, and then groups of 3, 5, 6, and 7 notes. The descending section starts with a quarter note on G4, followed by eighth notes, and then groups of 7, 6, 5, and 3 notes. The notation includes various rhythmic values, including quarter notes, eighth notes, and groups of 3, 5, 6, and 7 notes. The scale is marked with a double bar line and a repeat sign at the end of each section. The notation is written on a grand staff (two staves per system) with a treble clef and a 4/4 time signature. The scale is divided into two main sections: an ascending section and a descending section. The ascending section starts with a quarter note on C4, followed by eighth notes, and then groups of 3, 5, 6, and 7 notes. The descending section starts with a quarter note on G4, followed by eighth notes, and then groups of 7, 6, 5, and 3 notes. The notation includes various rhythmic values, including quarter notes, eighth notes, and groups of 3, 5, 6, and 7 notes. The scale is marked with a double bar line and a repeat sign at the end of each section.

PATTERNS

Exercise 1: 8th Notes



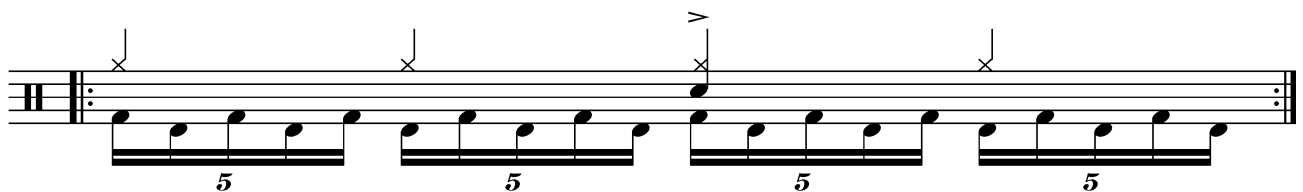
Exercise 2: 8th Note Triplets



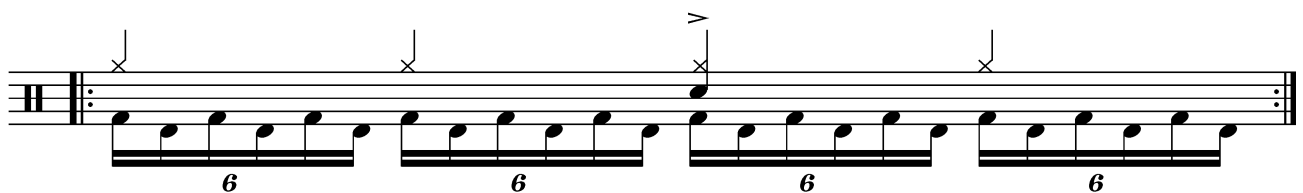
Exercise 3: 16th Notes



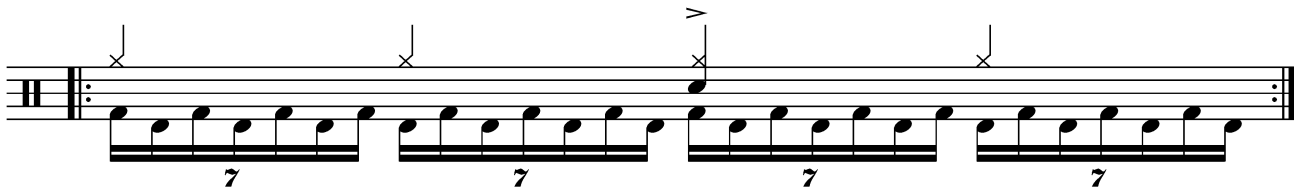
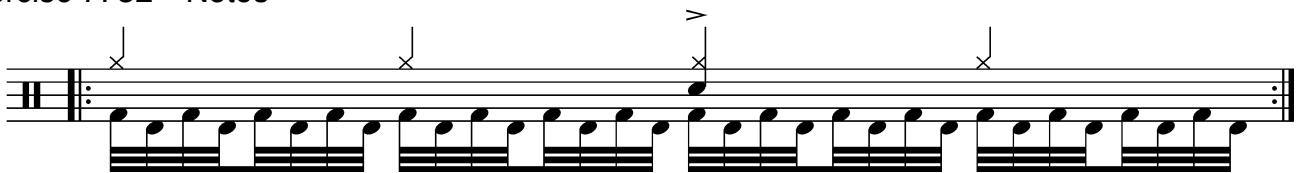
Exercise 4: Quintuplets



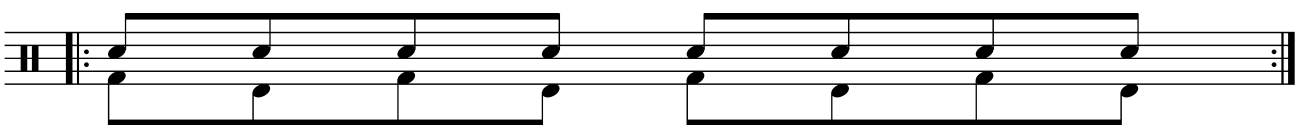
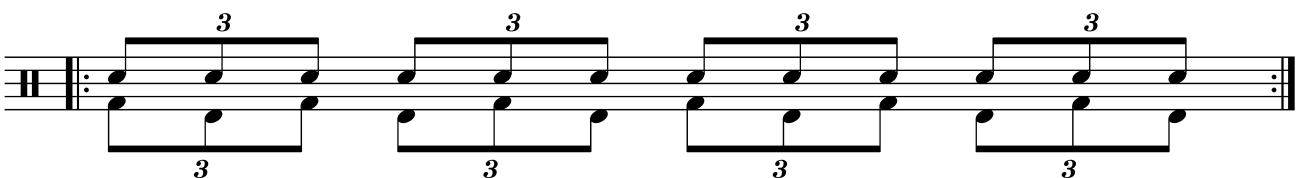
Exercise 5: 16th Note Triplets

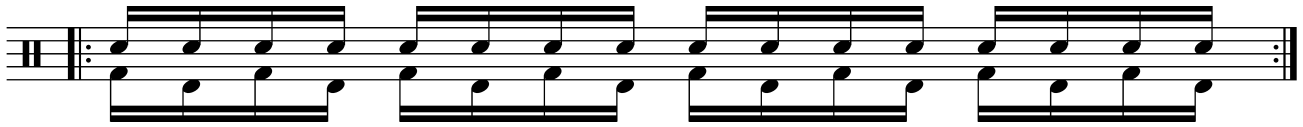


Exercise 6: Septuplets

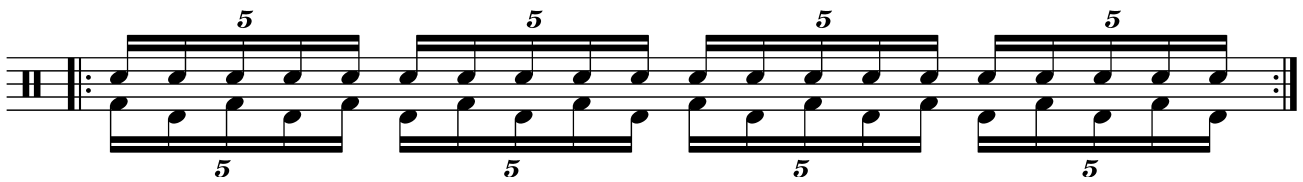
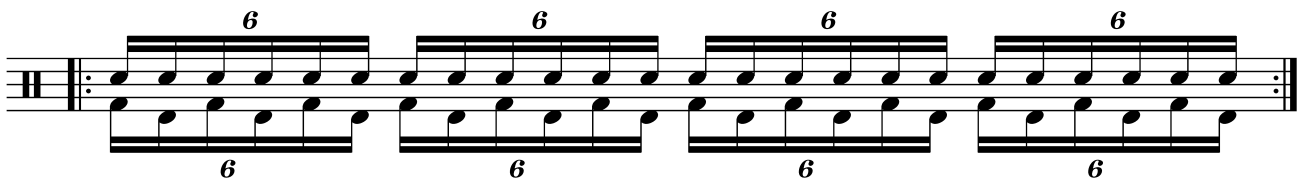
Exercise 7: 32nd Notes

UNISON

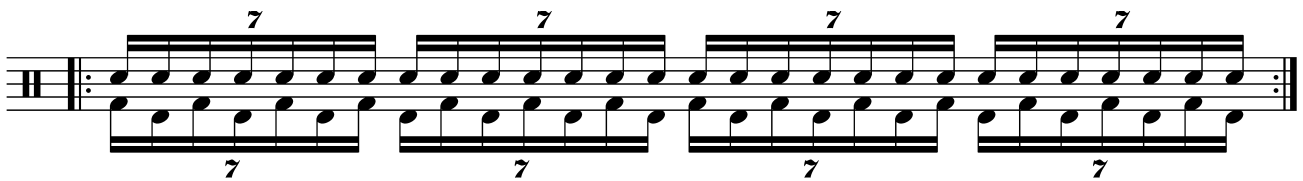
Exercise 8: 8th NotesExercise 9: 8th Note Triplets

Exercise 10: 16th Notes

Exercise 11: Quintuplets

Exercise 12: 16th Note Triplets

Exercise 13: Septuplets

Exercise 14: 32nd Notes

ALTERNATEExercise 15: 8th NotesExercise 16: 8th Note TripletsExercise 17: 16th Notes

Exercise 18: Quintuplets

Exercise 19: 16th Note Triplets

Exercise 20: Septuplets

Exercise 21: 32nd Notes