ADVANCED RHYTHM SCALE

LEVEL: ADVANCED

The Advanced Rhythm Scale is the next step, after you complete Basic Rhythm Scale and most importantly, after you feel very comfortable with it. In this version we will add Quintuplets and Septuplets that will make the exercise much more challenging but also fun to practice; although what I always advice my students is to stick with the Basic Rhythm Scale because all the patterns there have a lot more use in the music. For those who like challenges though, here is the next step.

Below is a quick example going up to 32\textsuperscript{nd} Notes and return to 8\textsuperscript{th} Notes. Pay a lot of attention on the transitions; this is the key to keep your balance in the right place.
PATTERNS

Exercise 1: 8th Notes

Exercise 2: 8th Note Triplets

Exercise 3: 16th Notes

Exercise 4: Quintuplets

Exercise 5: 16th Note Triplets
Exercise 6: Septuplets

Exercise 7: 32\textsuperscript{nd} Notes

UNISON

Exercise 8: 8\textsuperscript{th} Notes

Exercise 9: 8\textsuperscript{th} Note Triplets
Exercise 10: 16\textsuperscript{th} Notes

Exercise 11: Quintuplets

Exercise 12: 16\textsuperscript{th} Note Triplets

Exercise 13: Septuplets

Exercise 14: 32\textsuperscript{nd} Notes
ALTERNATE

Exercise 15: 8th Notes

Exercise 16: 8th Note Triplets

Exercise 17: 16th Notes

Exercise 18: Quintuplets

Exercise 19: 16th Note Triplets
Exercise 20: Septuplets

Exercise 21: 32\textsuperscript{nd} Notes